Addition of Brain Infarction to the ABCD² Score (ABCD²I) A Collaborative Analysis of Unpublished Data on 4574 Patients

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- *Background and Purpose*—The ABCD system was developed to predict early stroke risk after transient ischemic attack. Incorporation of brain imaging findings has been suggested, but reports have used inconsistent methods and been underpowered. We therefore performed an international, multicenter collaborative study of the prognostic performance of the ABCD² score and brain infarction on imaging to determine the optimal weighting of infarction in the score (ABCD²I).
- *Methods*—Twelve centers provided unpublished data on ABCD² scores, presence of brain infarction on either diffusion-weighted imaging or CT, and follow-up in cohorts of patients with transient ischemic attack diagnosed by World Health Organization criteria. Optimal weighting of infarction in the ABCD²I score was determined using area under the receiver operating characteristic curve analyses and random effects meta-analysis.
- **Results**—Among 4574 patients with TIA, acute infarction was present in 884 (27.6%) of 3206 imaged with diffusion-weighted imaging and new or old infarction was present in 327 (23.9%) of 1368 imaged with CT. ABCD² score and presence of infarction on diffusion-weighted imaging or CT were both independently predictive of stroke (n=145) at 7 days (after adjustment for ABCD² score, OR for infarction=6.2, 95% CI=4.2 to 9.0, overall; 14.9, 7.4 to 30.2, for diffusion-weighted imaging; 4.2, 2.6 to 6.9, for CT; all P < 0.001). Incorporation of infarction in the ABCD²I score improved predictive power with an optimal weighting of 3 points for infarction on CT or diffusion-weighted imaging. Pooled areas under the curve increased from 0.66 (0.53 to 0.78) for the ABCD² score to 0.78 (0.72 to 0.85) for the ABCD²I score.
- *Conclusions*—In secondary care, incorporation of brain infarction into the ABCD system (ABCD²I score) improves prediction of stroke in the acute phase after transient ischemic attack. (*Stroke*. 2010;41:1907-1913.)

Key Words: ABCD² score \blacksquare ABCD²I score \blacksquare infarction \blacksquare prediction \blacksquare risk \blacksquare TIA

Transient ischemic attack (TIA) carries a high early risk of stroke¹ and the presence of acute brain infarction may be associated with a particularly high risk.^{2–6} The ABCD system (ABCD and subsequent ABCD² score)^{7,8} is a prognostic tool developed to predict stroke risk in the acute phase after TIA. The system was designed to be used in primary and emergency care settings by identifying high-risk individuals to

facilitate triage to specialist care and target secondary prevention. It is based on clinical features identifiable at the time of initial assessment, before specialist evaluation, and deliberately does not include the results of brain imaging.

Since publication, the use of the system has been recommended by national guidelines in North America, Europe, and Australasia^{9–12} and validation studies have found it to be

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All 12 collaborating centers received ethics committee approval for the study.

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Study	Study Period	Country	Study Setting	Diagnosis by	Imaging Modality	Imaging Adjudication	Delay to Evaluation	
California ⁴	1997–1998	USA	ED	ED physician	СТ	Abstracted from radiology reports	<2 days	
OXVASC ⁷	2002–2004	UK	Population-based	Neurologist	СТ	Single study neuroradiologist	Median 1 day (IQR 0–2)	
Cucchiara ¹⁹	2002–2007	USA	Neurovascular unit	Neurologist	DWI and CT	Study neuroradiologist	<2 days	
Lavallee ²⁰	2003–2007	France	Neurovascular unit	Neurologist	DWI and CT	Study neuroradiologist	Median 1 day (IQR 0–5)	
SINPAC ⁵	2006	Italy	ED	Neurologist	СТ	Abstracted from radiology reports	<24 hours	
Calgary ⁵	2003–2006	Canada	ED	Neurologist	DWI	Single study neuroradiologist	<12 hours	
Calvet ²	2003-2007	France	Neurovascular unit	Neurologist	DWI	Single study neuroradiologist	Median 11 hours (IQR 5–23)	
Ay ⁶	2000–2006	USA	Neurovascular unit	Neurologist	DWI	Single study neuroradiologist	<24 hours	
Purroy ²¹	2006–2008	Spain	ED	Neurologist	DWI	Study neurologist	Median 1 day	
Stanford ²²	2001-2005	USA	Neurovascular unit	Neurologist	DWI	Study neurologist	$<\!\!2$ days	
NDSS ²³	2005–2007	Ireland	Population-based	Neurologist	DWI and CT	Study neuroradiologist	Median 1 day	
Asimos ²⁴	2005–2008	USA	ED	ED physician	DWI and CT	Abstracted from radiology reports	<24 hours	

Table 1. Summary of Study Methodology

0XVASC indicates Oxford Vascular Study; SINPAC, Società Inter-regionale Piemonte-Aosta Cerebrovasculopatie; NDSS, North Dublin Stroke Study; IQR, interquartile range.

predictive in a large number patients with TIA diagnosed according to World Health Organization, time-based criteria^{13,14} recruited from a range of clinical settings.¹⁵

Although developed for use in cohorts of patients before investigation, the possibility has been raised that prognostication might be improved after evaluation in secondary care by the incorporation of information from investigations, particularly the presence of brain infarction on imaging.^{3,6} However, patients with high ABCD² scores are more likely to have brain infarction on diffusion-weighted imaging (DWI)¹⁶ and so the additional predictive value of a composite score is uncertain. Studies published thus far have been too small to address this issue reliably, far too small to determine appropriate weighting for any imaging features, and meta-analysis of published data is undermined by inconsistent definitions of abnormality on imaging.

We therefore performed an appropriately powered international, multicenter collaborative study to determine the extent to which the predictive value of the ABCD² score is improved by incorporation of brain infarction on imaging and the optimal weighting of infarction in the score (ABCD²I score).

Methods

This is a multicenter collaborative study. Independent research centers that collected sufficiently detailed information on prognosis, ABCD² score, and brain infarction in cohorts of patients with TIA were identified from a systematic review¹⁵ and were invited to submit unpublished data. Patients were eligible if they had a diagnosis of TIA made according to the World Health Organization, time-based definition,^{13,14} brain imaging by either MRI or CT, and follow-up to at least 7 days. Those with stroke according to the World Health Organization criteria^{13,14} or alternative, non-neurovascular diagnoses were excluded.

We also searched for other studies of the ABCD system, stroke risk, and brain imaging in TIA not included in the systematic review.¹⁵ PubMed, Ovid Medline, and EMBASE (2000 to July 2009) were searched by use of both the medical subject heading terms and text words: [transient isch(a)emic attack OR TIA OR amaurosis fugax] AND [prognosis OR outcome OR predict OR risk OR ABCD OR ABCD²] AND [brain infarction OR brain ischa(e)mia]. The final search was done on July 11, 2009. We also hand-searched relevant reference lists, the contents pages of the 3 journals in which most eligible studies were published, and abstract booklets of recent

international stroke conferences. Abstracts of all relevant articles were reviewed and, where appropriate, full texts were read.

The following data were requested from authors or extracted from reports: (1) study method—country, dates, clinical setting, methods of ascertainment, inception diagnosis and by whom it was made, delay to evaluation, methods of follow-up, and adjudication of outcomes; (2) brain imaging—modality and adjudication of the presence of brain infarction; (3) application of ABCD² scores—method of extraction of data and calculation of score; and (4) results—numbers of subjects and outcomes stratified by ABCD² score and presence or absence of brain infarction as defined subsequently.

To investigate the incorporation of brain infarction into the ABCD system, an infarction component was derived as follows: (1) on DWI, any acute infarction, irrespective of whether it was appropriate to the presenting symptoms; and (2) on CT imaging, any infarction (given the unreliability of distinction between acute and old infarction).

To assess the optimal weighting of infarction for incorporation into the ABCD system to yield maximal discrimination, the infarction component was allocated an "I score" of increasing integer value in separate analyses. Patients without infarction on brain imaging were allocated an I score of zero. For each cohort, the clinical component (ABCD² score, total 0 to 7) and infarction component (I score of 0 to x, depending on weighting) were then added to calculate a unified ABCD²I score. The discriminatory power of the ABCD² and differently weighted ABCD²I scores were then calculated for each cohort separately. Random-effects meta-analysis was used to calculate pooled estimates.

Statistical Analysis

For each study, the percentage risk of stroke and the corresponding sensitivity and specificity were calculated for all reported cut points of the scores over the time interval(s) reported. Discriminatory power was calculated from the area under the receiver operator characteristic curve (AUC) with 95% CIs using standard methods. Ideal discrimination produces an AUC of 1.0, whereas discrimination that is no better than chance produces an AUC of 0.5. Pooled AUCs were obtained by random-effects meta-analysis.^{17,18} Statistical analyses were done with SPSS Version 15.0 (SPSS Inc, Chicago, III).

Results

The systematic review of the ABCD system¹⁵ included 20 studies, of which 12 studies had sufficiently detailed clinical and imaging data to calculate ABCD² scores and characterize brain infarction.

Study	Imaging Modality	No.	Infarction	Strokes 7 Days	Strokes 90 Days
California ⁴	СТ	322	80	19	35
OXVASC7	СТ	227	79	28	45
Cucchiara ¹⁹	DWI and CT	DWI 96; CT 71	DWI 22; CT 30	4	5
Lavallee ²⁰	DWI and CT	DWI 880; CT 204	DWI 134; CT 33	5	17
SINPAC ⁵	СТ	274	53	10	15*
Calgary₅	DWI	111	41	4	6
Calvet ²	DWI	339	136	5	10
Ay ⁶	DWI	586	200	28	N/A
Purroy ²¹	DWI	204	95	3	9
Stanford ²²	DWI	99	15	1	1†
NDSS ²³	DWI and CT	DWI 125; CT 88	DWI 30; CT 37	2	10
Asimos ²⁴	DWI and CT	DWI 766; CT 182	DWI 211; CT 15	36	38

 Table 2.
 Total Numbers of Participants and Numbers With Infarction on Brain Scanning and Stroke

 Outcomes at 7 and 90 Days

*Follow-up available only to 30 days.

+Follow-up to 90 days available in 85.

OXVASC indicates Oxford Vascular Study; SINPAC, Società Inter-regionale Piemonte-Aosta Cerebrovasculopatie; NDSS, North Dublin Stroke Study; N/A, not available.

The additional search of electronic databases yielded 2297 publications. After screening, 156 reports were identified for full-text review. Five further reports were identified by searching relevant reference lists and abstract books from recent conferences. No further studies were identified by hand searches of the 3 journals from which most eligible studies were identified electronically (*Lancet, Stroke, Cerebrovascular Diseases*). All publications were in English. The literature search identified all 12 studies already included in the systematic review but found no other relevant reports.

Twelve independent studies were therefore included in the collaboration.^{2–7,19–24} Authors from all centers provided unpublished data. Study methods are summarized in Table 1. All studies included patients with World Health Organization-defined TIA who received brain imaging and excluded those with stroke and non-cerebrovascular diagnoses. Two studies were population-based,^{7,23} recruiting consecutive patients from predefined populations, 5 were from emergency departments (EDs),^{3–5,21,24} and 5 were from specialist neurovascular units.^{2,6,19,20,22} In 10, the diagnosis of

Table 3.	AUCs for Predict	ion of the Presence	e of Infarction b	by the ABCD ²	Score and	Prediction of 7-day
and 90-da	y Stroke Risks by	y the Presence of I	nfarction			

Cohort	Imaging	ABCD ² Score Versus Infarction	Infarction Versus 7-Day Stroke Risk	Infarction Versus 90-Day Stroke Risk
California ⁴	СТ	0.58 (0.51-0.65)	0.59 (0.45-0.73)	0.6 (0.50-0.70)
OXVASC ⁷	СТ	0.61 (0.53-0.68)	0.61 (0.49-0.72)	0.67 (0.58–0.76)
Cucchiara DWI19	DWI	0.51 (0.37-0.65)	0.89 (0.75-1.00)	0.89 (0.75–1.00)
Cucchiara CT19	СТ	0.64 (0.51-0.77)	0.63 (0.31–0.95)	0.67 (0.41-0.93)
Lavallee DWI20	DWI	0.67 (0.60-0.70)	0.42 (0.00-0.90)	0.56 (0.38–0.074)
Lavallee CT ²⁰	СТ	0.53 (0.42-0.64)	0.80 (0.55-1.00)	0.67 (0.43-0.92)
SINPAC ^{3*}	СТ	0.56 (0.48-0.65)*	0.66 (0.47-0.85)	0.61 (0.45–0.77)†
Calgary⁵	DWI	0.62 (0.51-0.72)	0.83 (0.71–0.94)	0.75 (0.56–0.93)
Calvet ²	DWI	0.61 (0.55-0.67)	0.80 (0.70-0.91)	0.76 (0.63–0.88)
Ay ⁶	DWI	0.58 (0.53-0.63)	0.75 (0.67–0.84)	N/A
Purroy ²¹	DWI	0.58 (0.5-0.66)	0.77 (0.61–0.93)	0.61 (0.42-0.79)
Stanford ²²	DWI	0.86 (0.77-0.96)	0.93 (0.83-1.00)	0.92 (0.81-1.00)
NDSS DWI23	DWI	0.60 (0.49-0.71)	0.38 (0.06–0.81)	0.51 (0.21–0.80)
NDSS CT ²³	СТ	0.44 (0.32-0.57)	0.79 (0.55–1.04)	0.72 (0.53–0.91)
Asimos DWI ²⁴	DWI	0.61 (0.56-0.65)	0.84 (0.78-0.90)	0.83 (0.76–0.89)
Asimos CT ²⁴	СТ	0.63 (0.50-0.76)	0.98 (0.96-1.00)	0.98 (0.96-0.99)

*ABCD score substituted for ABCD² score.

†Outcomes available to 30 days only.

0XVASC indicates 0xford Vascular Study; SINPAC, Società Inter-regionale Piemonte-Aosta Cerebrovasculopatie; NDSS, North Dublin Stroke Study; N/A, not available.

				No. of Points Alle	No. of Points Allocated to I Score			
Cohort	Imaging	ABCD ²	ABCD ² I 1	2	3			
California ⁴	СТ	0.64 (0.55-0.73)	0.67 (0.57-0.77)	0.67 (0.56-0.78)	0.67 (0.55–0.78)			
OXVASC ⁷	СТ	0.78 (0.69–0.86)	0.79 (0.71–0.87)	0.77 (0.69–0.86)	0.76 (0.68–0.84)			
Cucchiara DWI19	DWI	0.99 (0.97-1.00)	1.00 (1.00–1.00)	1.00 (1.00–1.00)	1.00 (1.00–1.00)			
Cucchiara CT19	СТ	0.62 (0.24-0.99)	0.64 (0.23-1.00)	0.65 (0.23-1.00)	0.65 (0.22-1.00)			
Lavallee DWI20	DWI	0.49 (0.36–0.63)	0.47 (0.33–0.59)	0.45 (0.33–0.57)	0.45 (0.33–0.56)			
Lavallee CT ²⁰	СТ	0.77 (0.58–0.95)	0.85 (0.72-0.98)	0.89 (0.80-0.99)	0.91 (0.82-1.00)			
SINPAC ^{3*}	СТ	0.75 (0.63–0.88)	0.78 (0.64-0.92)	0.77 (0.62-0.92)	0.76 (0.61-0.92)			
Calgary₅	DWI	0.75 (0.56–0.94)	0.85 (0.72-0.98)	0.89 (0.80-0.99)	0.90 (0.81-0.98)			
Calvet ²	DWI	0.80 (0.62-0.98)	0.87 (0.75-0.99)	0.9 (0.81–0.99)	0.90 (0.82-0.98)			
Ay ⁶	DWI	0.65 (0.56-0.74)	0.73 (0.64–0.81)	0.77 (0.69–0.85)	0.79 (0.71–0.86)			
Purroy ²¹	DWI	0.51 (0.21–0.80)	0.62 (0.34-0.91)	0.70 (0.49–0.92)	0.74 (0.58–0.9)			
Stanford ²²	DWI	0.62 (0.43-0.82)	0.81 (0.71–0.91)	0.86 (0.79–0.93)	0.87 (0.80-0.94)			
NDSS DWI23	DWI	0.48 (0.32-0.64)	0.44 (0.27-0.60)	0.40 (0.26-0.55)	0.40 (0.26-0.53)			
NDSS CT ²³	СТ	0.24 (0.11-0.36)	0.31 (0.17–0.45)	0.45 (0.26-0.64)	0.60 (0.44–0.75)			
Asimos DWI ²⁴	DWI	0.69 (0.61–0.77)	0.81 (0.75–0.87)	0.86 (0.82-0.91)	0.88 (0.84–0.92)			
Asimos CT ²⁴	СТ	0.68 (0.54–0.83)	0.86 (0.76–0.95)	0.95 (0.91–1.00)	0.98 (0.96–1.00)			
Pooled	All	0.66 (0.53–0.78)	0.73 (0.63–0.83)	0.77 (0.69–0.84)	0.78 (0.72–0.85)			
	DWI	0.67 (0.51–0.84)	0.74 (0.61–0.87)	0.77 (0.66–0.88)	0.78 (0.68–0.88)			
	СТ	0.64 (0.49–0.79)	0.71 (0.57–0.84)	0.76 (0.63–0.88)	0.78 (0.64–0.91)			

Table 4.	AUCs for Prediction of S	Stroke at 7 Days Calculated f	for ABCD ² and ABCD ² I (Allocating	g 1 to 3
Points for	Infarction) Scores for In	dividual Cohorts and Pooled	AUCs Across Cohorts Using Eith	ner DWI or CT

*ABCD score substituted for ABCD² score.

OXVASC indicates Oxford Vascular Study; SINPAC, Società Inter-regionale Piemonte-Aosta Cerebrovasculopatie; NDSS, North Dublin Stroke Study.

TIA was made by a stroke physician or neurologist, whereas in 2,4,24 the diagnosis was made by an ED physician. Nine studies excluded patients who presented after prespecified intervals after symptom onset.^{2-6,19,21,22,24} Five studies used DWI only,^{2,5,6,21,22} 3 studies used CT imaging only,^{3,4,7} and 4 used a combination of the 2 modalities.19,20,23,24 These latter 4 studies^{19,20,23,24} each contributed 2 cohorts, 1 imaged with DWI and the other with CT; to avoid double-counting of patients, only DWI results were counted in patients who had been imaged with both DWI and CT. Sixteen cohorts in total were therefore included from the 12 studies; 9 were DWIimaged and 7 were CT-imaged. CT tended to be used in the ED and population-based studies and DWI was used in neurovascular unit studies. ABCD² scores were recorded in 15 of the cohorts but 1 recorded only the ABCD score, values of which were substituted for the ABCD² score.³ All outcome stroke events were based on patient evaluation, review of clinical notes, and brain imaging.

Table 2 summarizes rates of infarction and stroke outcomes for each cohort. The ABCD² score was used in 3206 patients imaged with DWI from 9 cohorts.^{2,5,6,19–24} Acute infarction was present in 884 (27.6%). Follow-up was complete to 7 days, when 72 patients had a stroke; 2606 patients were followed up to 90 days when a further 72 had a stroke. ABCD or ABCD² scores were used in 1368 patients imaged with CT from 7 cohorts.^{3,4,7,19,20,23,24} Acute or old infarction was present in 327 (23.9%). Seventy-three of 1368 CTimaged patients had a stroke within 7 days of TIA; 1094 were followed up to 90 days when 104 patients had a stroke. For patients imaged with DWI, the rate of stroke at 7 days was 63 of 884 (7.1%, 5.5 to 9.1) for those with infarction compared with 9 of 2322 (0.4%, 0.2 to 0.7) without. Corresponding stroke rates for those imaged with CT were 42 of 327 (12.8%, 9.3 to 17.4) for those with acute or old infarction compared with 31 of 1041 (3.0%, 2.0 to 4.2) for those without.

Table 3 reports the discriminatory power as measured by the AUC of the ABCD² score and the presence of infarction for stroke at 7 and 90 days. The presence of infarction on DWI tended to be a more powerful predictor of stroke than on CT. The pooled AUC for the prediction of the presence of infarction by the ABCD² score was 0.60 (0.57 to 0.64) across all cohorts combined and 0.62 (0.57 to 0.58) and 0.57 (0.53 to 0.61) for cohorts imaged with DWI and CT, respectively (all P<0.0001). The OR for stroke at 7 days in the presence of brain infarction was 7.9 (5.4 to 11.4) overall and 19.7 (9.8 to 39.8) for DWI and 4.8 (3.0 to 7.8) for CT (all P<0.001). Corresponding OR after adjustment for ABCD² scores were 6.2 (4.2 to 9.0) overall and 14.9 (7.4 to 30.2) for DWI and 4.2 (2.6 to 6.9) for CT (all P<0.001).

For each cohort, those with brain infarction were allocated an integer I score and those without were allocated an I score of zero. Unified scores (ABCD²I) were calculated by adding the I score to the ABCD² score, and corresponding discriminatory power for prediction of stroke was determined using receiver operator characteristic analyses. Table 4 gives the AUCs for prediction of stroke at 7 days for individual cohorts

			ABCD ² I Score	Points Allocat	Points Allocated for I Score			
Cohort	Imaging	ABCD ²	ABCD I Score	2	3			
California ^₄	СТ	0.70 (0.62-0.78)	0.72 (0.64-0.80)	0.72 (0.64-0.80)	0.72 (0.63-0.80)			
OXVASC ⁷	СТ	0.67 (0.58-0.76)	0.71 (0.63–0.8)	0.73 (0.65–0.81)	0.74 (0.66–0.82)			
Cucchiara DWI19	DWI	0.99 (0.97-1.00)	1.0 (1.0–1.0)	1.0 (1.0–1.0)	1.0 (1.0–1.0)			
Cucchiara CT19	СТ	0.57 (0.27-0.87)	0.64 (0.32-0.95)	0.66 (0.34-0.98)	0.67 (0.35-0.99)			
Lavallee DWI20	DWI	0.73 (0.63–0.84)	0.73 (0.62–0.85)	0.72 (0.61–0.84)	0.71 (0.60–0.83)			
Lavallee CT ²⁰	СТ	0.60 (0.36-0.84)	0.65 (0.39–0.91)	0.67 (0.41-0.94)	0.68 (0.41-0.95)			
SINPAC ^{3*}	СТ	0.76 (0.66–0.86)	0.76 (0.65–0.88)	0.75 (0.63–0.87)	0.74 (0.61–0.86)			
Calgary₅	DWI	0.77 (0.61–0.93)	0.82 (0.66-0.98)	0.83 (0.67-1.0)	0.84 (0.67–1.00)			
Calvet ²	DWI	0.75 (0.61–0.89)	0.81 (0.67–0.95)	0.83 (0.70–0.97)	0.84 (0.70-0.97)			
Ay ⁶	DWI	N/A	N/A	N/A	N/A			
Purroy ²¹	DWI	0.56 (0.38–0.73)	0.61 (0.44–0.78)	0.63 (0.46–0.79)	0.63 (0.47-0.79)			
Stanford ²²	DWI	0.60 (0.38–0.81)	0.79 (0.69–0.90)	0.84 (0.76–0.92)	0.85 (0.77–0.93)			
NDSS DWI23	DWI	0.36 (0.15–0.57)	0.38 (0.15-0.62)	0.40 (0.13-0.68)	0.41 (0.12–0.71)			
NDSS CT ²³	СТ	0.61 (0.38–0.85)	0.70 (0.50-0.90)	0.78 (0.62–0.93)	0.82 (0.7-0.93)			
Asimos DWI ²⁴	DWI	0.70 (0.62-0.78)	0.81 (0.74–0.87)	0.86 (0.81-0.91)	0.87 (0.83-0.92)			
Asimos CT ²⁴	CT	0.68 (0.54–0.83)	0.86 (0.76–0.95)	0.95 (0.91–1.00)	0.98 (0.96-1.00)			
Pooled	All	0.68 (0.57–0.79)	0.75 (0.66–0.84)	0.78 (0.71–0.86)	0.80 (0.74–0.86)			
	DWI	0.69 (0.54–0.85)	0.76 (0.64–0.88)	0.79 (0.68–0.90)	0.80 (0.71–0.90)			
	СТ	0.69 (0.65–0.74)	0.75 (0.70–0.80)	0.77 (0.66–0.88)	0.78 (0.65–0.91)			

Table 5. AUCs for Prediction of Stroke at 90 Days Calculated by ABCD² and ABCD²I (Allocating 1 to 3 Points for Infarction) for Individual Cohorts and Pooled AUCs for All Cohorts Using DWI or CT

*ABCD score substituted for ABCD² score.

OXVASC indicates Oxford Vascular Study; SINPAC, Società Inter-regionale Piemonte-Aosta Cerebrovasculopatie; NDSS, North Dublin Stroke Study; N/A, not available.

and pooled estimates for the ABCD² and ABCD²I scores with different weightings of the infarction component. Table 5 gives corresponding results for prediction of stroke risk at 90 days. For all cohorts except 2, and in all pooled analyses, the predictive power of the unified ABCD²I scores was better than the ABCD² score alone. The greatest improvement in predictive power was observed when the infarction component was weighted more heavily with the allocation of 3 points, making the ABCD²I score out of a total of 10. Sensitivity analyses were performed by allocating weightings to the infarction component of >3 points, but these did not yield improvements in predictive performance.

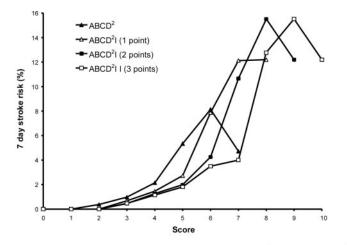
The Figure shows the percentage risk of stroke at 7 days plotted against the cut points of $ABCD^2$ and differently weighted $ABCD^2I$ scores.

Discussion

Our results show that in 4574 patients with TIA from 12 independent centers, diagnosed according to the World Health Organization, time-based definition,^{13,14} with 145 stroke outcomes at 7 days, the incorporation of infarction into the ABCD² score (ABCD²I) improves discriminatory power for prediction of early recurrent stroke. Discrimination, measured by pooled AUCs, is greatest when the infarction component is heavily weighted (3 points) in comparison to other elements of the ABCD² score, giving an ABCD²I score out of a total of 10 points. Acute infarction on DWI and new or old infarction identified on CT improve discrimination

measured by AUC to a similar extent. Our results support the use of a staged approach to risk prediction in patients with TIA, first with clinical data available at initial patient assessment and then with brain imaging data, available after evaluation in specialist care.

Infarction, particularly on DWI, is associated with high early stroke risk after TIA,^{2,5,6} and the incorporation of brain infarction into a risk prediction tool is therefore sensible. However, several studies have shown that the presence of brain infarction on DWI is associated with individual elements of the ABCD system.16,25 In a meta-analysis of published and unpublished data from 19 studies, Redgrave and colleagues found that symptom duration over 60 minutes, dysphasia, dysarthria, and motor weakness were all independently associated with the presence of acute infarction on DWI, although diabetes, increasing age, and hypertension were not.16 In a separate analysis of individual patient data in 808 patients with TIA from 9 studies, Shah and colleagues also found motor weakness and longer duration of symptoms to be associated with DWI positivity.25 Corresponding studies of the association between determinants of stroke risk after TIA and findings on CT are lacking. Such associations between the elements of the ABCD system and DWI positivity may be expected to partially confound the predictive value of the unified ABCD²I score. However, our results indicate that brain infarction provides additional prognostic information and incorporation of an infarction component into the system is justified.



Percentage of total patients (& cumulative percentage of strokes at seven days in brackets) for ABCD² score and ABCD²I scores allocated 1-3 points

l score				Cut point								
Score	allocation	0	1	2	3	4	5	6	7	8	9	10
10002		1.7	4.8	11.8	18	25.5	22.1	13.7	2.3			
ABCD ²		(0.0)	(0.0)	(1.4)	(6.9)	(24.1)	(61.4)	(96.6)	(100)			
ABCD ² I 1	1.6	4.5	10.2	16.2	22.6	21.7	15.8	6.5	0.9			
	1	(0.0)	(0.0)	(0.0)	(3.4)	(13.8)	(32.4)	(71.7)	(96.6)	(100)		
ABCD ² I	0	1.6	4.4	9.9	14.6	20.8	18.8	15.4	8.6	5.1	0.9	
	2	(0.0)	(0.0)	(0.0)	(2.1)	(10.3)	(22.1)	(42.8)	(71.7)	(96.6)	(100)	
ABCD ² I		1.6	4.4	9.8	14.3	19.2	17	12.5	8.2	7.2	5.1	0.9
	3	(0.0)	(0.0)	(0.0)	(2.1)	(9.0)	(18.6)	(32.4)	(42.8)	(71.7)	(96.6)	(100)

Figure. Graph of 7-day stroke risk (%) plotted against cut points for the ABCD² and ABCD²I (given different weights for the infarction component) pooled across all cohorts.

Our results show that the prognostic yield of the combination of acute or old infarction on CT is similar to that of acute infarction on DWI. Our study did not identify chronic infarction on MRI, and this may have reduced the yield of MRI, but this would probably have led to the inclusion of nonspecific findings in a large number of cases. In comparison to MRI, CT scanning is quick, inexpensive, and widely available, especially in emergency care settings, and remains the predominant neuroimaging modality available for TIA in many centers. In a countrywide survey of ED attenders with TIA in the United States from the National Hospital Ambulatory Medical Care Survey (NHAMCS) up to 2001, 56% of patients received CT imaging and <5% received MRI, although rates of MRI will have increased subsequently.26 However, despite its availability, CT has the disadvantages of reduced sensitivity for early infarction and radiation exposure and MRI with DWI remains the imaging modality of choice in TIA.9,10

The use of the ABCD² score for identifying either high- or low-risk groups currently differs between healthcare systems. For instance, in the United Kingdom, guidelines recommend that patients with scores >3 are triaged to urgent assessment within 24 hours,¹⁰ whereas in the United States, some centers use the score to triage patients in the ED between hospital admission and outpatient assessment.⁹ The Figure summarizes observed stroke risks and percentages of patients for different ABCD² score cut points and demonstrate that low-, intermediate-, and high-risk groups can be identified. Importantly, of the 9 cohorts imaged with DWI, 5 were based in specialist neurovascular units,^{2,6,19,20,22} providing urgent and intensive treatment, in which low rates of subsequent stroke are frequently observed, whereas in the 7 cohorts using CT, 5^{3,4,7,23,24} were based in either EDs or population-based studies in which higher rates of subsequent stroke are observed.¹ It is likely that the use of a staged approach to risk stratification will vary between healthcare systems, according to the delays to patients' presentation to emergency and specialist care, relative availability of different imaging modalities, and the preferred setting(s) for specialist assessment.

In addition to its usefulness in routine clinical practice, a unified ABCD²I score could also be beneficial in selecting patients for clinical trials in research. The Figure shows that recruiting subjects into a trial with an ABCD²I cut point of \geq 5 would enroll 50% of patients and capture 90% of outcome strokes in contrast to a cut point of 4 for the ABCD2 score, which would capture a similar proportion of outcome strokes but enroll approximately 60% of patients.

Although we believe our findings are valid, our study does have some shortcomings. We have combined results from 12 studies, ascertained over an 11-year period, treated in different healthcare settings in different countries and using different imaging modalities. Rates of outcomes also differed. Although such variation in study methods may jeopardize the validity of a prognostic scoring system, we feel that this approach is justified because it reflects routine clinical practice in which the system is designed to be used. The consistent improvement in predictive power observed with the incorporation of infarction into the ABCD²I score supports the generalizability of our findings.

In summary, we have found that incorporation of brain infarction into the ABCD² score (ABCD²I) improves prediction of stroke in the early phase after TIA defined by World Health Organization, time-based criteria. Our findings support a staged approach to the evaluation of patients with transient neurological symptoms caused by brain ischemia in which clinical and then imaging data characterize diagnosis and risk. However, other potential determinants of stroke risk after TIA have been identified in addition to clinical features and infarction, including large artery disease, although this may depend on delay to carotid intervention. Further refinement of the ABCD system is likely, but large studies using consistent methodology and individual patient data are necessary to determine the exact weighting of markers of vascular instability for optimal risk prediction.

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Disclosures

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